

SWIMMING TALES PROGRAMME -Summer Holidays 2009

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7am - 8.30am								
8.30am -9am							DADS SPLASH	
9.00 - 9.30am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE			
9.30 - 10am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE			
10 - 10.30am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE		Family Swim	
10.30am - 11am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE			
11am - 11.30am	Family Swim	Family Swim	Family Swim	Aquaerobics	Family Swim			
11.30am - 12.00								
12.00- 12.30pm				Swim Camp				
12.30pm -1pm								
1pm -1.30pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim			
1.30pm - 2pm								
2pm -2.30pm						PARTY	PARTY	
2.30pm - 3pm	AQUAEROBICS over 50's	Family Swim	Family Swim	Family Swim	Family Swim			
3pm -3.30pm								
3.30pm -4pm								
4pm - 4.30pm	Specialised Activities	Aquaerobics?	Specialised Activities	Swim Camp	Specialised Activities			
4.30pm - 5pm								
5pm - 6pm								
6pm -6.30pm	Adult Crash Course			ADULT SWIM				
6.30pm -7pm								
7pm -8pm	Adult Swim	Adult Crash Course	Adult Crash Course	Adult Crash Course	Adult Crash Course			
8pm - 8.30pm								
8.30pm - 9.30pm	AQUAEROBICS			Adult Crash Course				