

**SWIMMING TALES HOLIDAY PROGRAMME**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7am - 8.30am							
8.30am -9am							DADS SPLASH
9.00 - 9.30am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE		
9.30 - 10am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE		
10 - 10.30am	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE	CRASH COURSE		
10.30am - 11am	Private 1 to 1 lessons	Private 1 to 1 lessons	Private 1 to 1 lessons	Private 1 to 1 lessons	Private 1 to 1 lessons		Family Swim
11am - 11.30am	Family Swim	Family Swim	Family Swim	Aquaerobics	Family Swim		
11.30am - 12.00				Under 5's			
12.00- 12.30pm				Adult Swim			
12.30pm -1pm				Adult Swim			
1pm -1.30pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim		
1.30pm - 2pm						PARTY	PARTY
2pm -2.30pm							
2.30pm - 3pm	AQUAEROBICS over 50's	Family Swim	Family Swim	Family Swim	Family Swim	PARTY	PARTY
3pm -3.30pm							
3.30pm -4pm							
4pm - 4.30pm	Specialised Activities	Aquaerobics Over 50's		Private 1 to 1 lessons	Specialised Activities		
4.30pm - 5pm						PARTY	PARTY
5pm - 6pm							
6pm -6.30pm							
6.30pm -7pm				ADULT SWIM			
7pm -8pm	Adult Swim						
8pm - 8.30pm			AQUAEROBICS 8pm - 9pm				
8.30pm - 9.30pm	AQUAEROBICS						